

Zeitgeist Wellness Group is your provider of choice for Same-day Emergency Behavioral Health Services.



“ Worry and stress affects the circulation, the heart, the glands, the whole nervous system, and profoundly affects heart action.”
Charles W. Mayo, M.D.

ZWG IS COMMITTED TO THE OVERALL HEALTH AND WELLNESS OF ALL INDIVIDUALS.

ZWG is available for those times when situations in life cause personal problems and you need a professional to help you through them. ZWG has created a holistic outpatient multi-specialty wellness firm providing an array of behavioral based services.

A full compliment of comprehensive services is accessible to the client at one location. Services such as coaching, counseling, financial & legal advice as well as training and focus groups are available to you now.

NOW OFFERING SAME DAY EMERGENCY SERVICES!

- **Anxiety**
- **Bereavement/ Grief**
- **Crisis**
- **Couples, Family and Individual Counseling**
- **Depression**
- **Domestic Violence**
- **Infidelity**
- **Job Displacement**
- **Sexual Abuse**
- **Suicide**
- **Terminal Illness**

For immediate appointments, call 210-271-7411.
After hours phone number: 210-725-0580.

